

ADORNI FITNESS CENTER

Become a Member & Workout on the Waterfront today!

Fitness Membership Includes

- Cardio & Weight Training Equipment (treadmills, elliptical, life cycles & more)
- Drop-in Pickleball (4x/week)
- *Waterfront View*
- **FREE** Personal Trainers
- Unlimited Group Fitness Classes
- Basketball Court
- Member Locker Rooms
- Stretch Area (facing the bay)
- **FREE** use of the Conference Room for 2 hours per year. Host your next meeting, party or celebration on the bay.



The Adorni Fitness Center is located on the bay and provides members a serene venue for a relaxed workout. Fitness classes and the Personal Trainer staff help inspire and motivate participants, keeping the workout routine feeling new and exciting. Check out all of the fun programs the Adorni Fitness Center has to offer and get yourself on the path to healthier you!



JUNE FITNESS MEMBERSHIP SPECIALS

New members sign up for **2 months** & get **1 month FREE** plus no initiation fee!

Already a member and need a workout buddy? **Refer a friend** during **June** and receive **20% off** your **next month's** membership fees! Take advantage of these membership specials by signing up **June 1-30, 2014**. Inquire at the front counter.

Group Fitness Classes

Zumba® • Sweat it Out • Core Bonus • Sweat & Strength • Yoga for Stiff People • Strong & Limber • Line Dancing • Inspired Yoyalates • Cardio/Kettlebell Circuit • Zumba® Toning • Sculpting Circuit • Light & Lively • Zumba® Core & Toning • Vin Yasa Yoga



Check Out Our Member Favorites

Pick-up Games for Professionals

Have fun during lunch! The Adorni Fitness Center offers a lunch-hour slot for full-court pick-up games where you can play some one-on-one or get a whole game going. It's convenient and affordable with discounted punch cards available!

Hours: Mondays, Wednesdays & Fridays from 12pm-1pm

See the front counter for more information.



Drop-In Pickleball

Pickleball is a game that combines elements of badminton, tennis, and table tennis into a fun new sport that is enjoyed by all ages and ability levels.

Hours: Tuesdays & Thursdays

9am—12:30pm

Wednesdays 7:30pm—9:30pm

Saturdays 9:30am—12:30pm

Sundays 12:30pm—2pm

Schedule subject to change due to seasonal activities and special events.

Punch cards are now available at a discounted rate! Punch cards are not only easier on your pocket book but also gain you access to use of the locker rooms where you can freshen up after working up a sweat! Inquire at the front counter for more information.



Community Is Our Priority!